

Fresh Squeezed Orange Juice 2.95 / 3.95

- Mimosa 6.00
- Grapefruit Juice 2.75 / 3.75
- Apple Juice 2.75 / 3.75
- Carrot Juice 2.75 / 3.75
- Cranberry Juice 2.25 / 3.00
- Tomato Juice 2.25 / 3.00

Breakfast

- MUFFIN 2.50
- HOT OATMEAL 5.75
With Golden Raisins and a Sautéed Banana
- GRITS 2.95 / 4.95
- GRANOLA 5.75
With Fresh Berries
- BREAKFAST PARFAIT 4.95
Granola, Fresh Berries and Yogurt
- FRESH FRUIT CUP 4.25 PLATE 6.75
- 1/2 GRAPEFRUIT OR MELON 2.95
- BAGEL WITH SMOKED SALMON & CREAM CHEESE 11.95
With Tomato, Red Onion, Capers and Lemon

Rush Hour Special – 4.95

Served from 7AM - 10AM Mon - Fri only

Two Eggs, Two Pieces of Bacon or Sausage and 3 Silver Dollar Pancakes or 1 Piece of French Toast

Sorry, No Substitutions



Eggs



- TWO EGGS ANY STYLE 6.50
With Hash Browns and Toast
Add Bacon, Sausage or Veggie Sausage 2.50
- CAJUN CATFISH & EGGS 8.95
With Hash Browns and Toast
- MIKEY FITZ 6.95
Two Eggs, Two pieces of Bacon or Sausage and 3 Silver Dollar Pancakes or 1 piece of French Toast
- HUEVOS RANCHEROS 7.95
- FRIED EGG SANDWICH 6.50
With Hash Browns
Add Bacon, Sausage or Veggie Sausage 2.50
Add Cheese75

Sides

- Bacon 2.95 Bagel 2.50
- Sausage 2.95 Toast 1.95
- Veggie Sausage . 2.95 Hash Browns . . . 2.95

Coffee Drinks

- Coffee 1.95
- Espresso 2.00 / 2.75
- Cappuccino 3.25 / 4.00
- Latte 3.25 / 4.00
- Mocha 3.50 / 4.25
- Hot Tea 2.25
- Hot Chai 2.75
- Hot Chai Latte 3.25
- Hot Cocoa 2.25

From the Griddle

- BUTTERMILK WAFFLE 5.95
with Fresh Berries and Whipped Cream 7.75
- FRENCH TOAST 5.95
With Fresh Berries or Sautéed Bananas 7.75
- SILVER DOLLAR BUTTERMILK PANCAKES 5.95
With Fresh Berries or Sautéed Bananas 7.75
- REAL MAPLE SYRUP 1.00

- SMOKED SALMON SCRAMBLE 8.95
Topped with Caviar and Sour Cream with Hash Browns and Toast

- BREAKFAST BURRITO 7.50
Three Scrambled Eggs, Cheese and Black Beans. Topped with Pico de Gallo, Salsa Verde, Guacamole and Sour Cream

- EGG WHITE SCRAMBLE 8.50
Eggwhites Scrambled with Chicken, Roasted Tomato and Basil. Served with Fruit

- CHORIZO OR SOYRIZO & EGGS 6.95
With Hash Browns, Black Beans and Corn Tortillas

- STEAK & EGGS 13.95
8oz Steak Grilled with Two Eggs any style, Hash Browns and Toast

- OMELETTE 5.50
with Hash Browns and Toast
Each Item:75
Red Peppers, Onions, Mushrooms, Spinach, Tomato, Ham, Bacon, Sausage, Turkey, Cheddar, Jack or Swiss Cheese

- "NO HUEVOS" RANCHEROS 7.95
Tofu, Black Beans, Corn, Soyrito, Ranchero Sauce and Guacamole

- EGGS BENEDICT OR EGGS FLORENTINE 9.95
with Hash Browns
Served on Weekends only till 3pm.

Eggwhites can be substituted for an additional \$1.00
Bagel can be substituted for an additional \$.50

Soups & Chili

SOUP OF THE DAY

Cup	3.95
Bowl	5.95

CHILI OR VEGGIE CHILI

Served with Cheese and Onions

Cup	4.25
Bowl	6.95

Sandwiches

Served with Choice of French Fries, Salad, Potato Salad or Mashed Potatoes

PORTOBELLO SANDWICH . . . 9.95

Grilled Portobello Mushroom, Fresh Mozzarella, Arugula, Roasted Tomato and Basil Mayo. Served on a Baguette

BLACKENED CATFISH SANDWICH 9.95

Farm Raised Catfish Blackened and served with Spicy Mayo, Lettuce and Tomato

BLACKENED CHICKEN SANDWICH 9.95

Breast of Chicken Blackened and served with Spicy Mayo, Lettuce and Tomato

VEGGIE SANDWICH 8.95

Avocado, Watercress, Tomato, Cucumber, Tofu and Basil. Served on Wheat Bread

TUNA SALAD SANDWICH 7.95

Served on Choice of Bread with Lettuce and Tomato

TUNA MELT 8.95

With Fresh Dill, Celery and a Touch of Lemon

FRENCH DIP 9.95

Thin Sliced Roast Beef with Au Jus

GRILLED TANDOORI SALMON SANDWICH 9.95

Tandoori Marinated Salmon, Lettuce, Tomato, Red Onion and a Cucumber Yogurt. Served on Toasted Pumpkinseed

TURKEY CLUB 9.95

Thin Sliced Breast of Turkey with Bacon, Lettuce, Tomato and Mayo. Served on Toasted Sourdough

GRILLED CHEESE 5.95

Choice of Bread with Tomato

BLT 7.95

Choice of Bread

Add Avocado 1.00



WEEKDAY SPECIALS

Monday

RED BEANS & RICE 9.95

Served with Andouille Sausage, Cornbread Muffin and a Salad

Tuesday

CHICKEN PARMESAN 12.95

Served with Spaghetti, Vegetable and a Salad

Wednesday

VEGETABLE LASAGNE 11.95

Served with Garlic Bread and a Salad

Thursday

FRIED CHICKEN 12.95

Served with Potato, Vegetable and a Salad

Friday

CARNE ASADA TACOS 11.95

Served with Cuban Corn on the Cob, Black Beans and a Salad



Salads



Choice of Dressings: House, Ranch, 1000 Island, Blue Cheese, Caesar

HOUSE SALAD 3.95 / 5.95

CAESAR SALAD 7.95

Add Chicken 2.50

CHOPPED COBB SALAD 10.95

Blackened Chicken, Tomato, Avocado, Blue Cheese, Bacon and Lettuce. Chopped and Tossed

GRILLED PORTOBELLO AND SPINACH SALAD 9.95

Smoked Mozzarella, Arugula, Baby Tomatoes and Croutons. Tossed in a Herb Vinaigrette

THE 101 SALAD 9.95

Corn, Beets, Edamame, Green Beans, Arugula, Tomatoes and Lettuce

LIVE BUTTER LETTUCE SALAD 9.95

Head of Butter Lettuce, Goat Cheese, Grapes and Toasted Walnuts. Served with House Vinaigrette

VEGGIE MED SALAD 9.95

Hummus, Roasted Red Peppers, Cucumbers, Kalamata Olives, Carrots, Baby Tomatoes, Arugula and Cucumber Yogurt. Served with a Toasted Pita

Pastas & Entrees

PENNE 8.95

With Fresh Tomato and Basil

Add Chicken 2.50

SPAGHETTI BOLOGNESE 9.95

MACARONI & CHEESE 7.75

MEATLOAF 12.95

A Blend of Beef, Turkey, Mushrooms and Fresh Herbs. Served with Salad, Potato and Vegetables

GRILLED SALMON 13.95

Served with Salad, Potato and Vegetables

MUSHROOM TAQUITOS 11.95

Wild Mushrooms Wrapped in Corn Tortillas topped with Guacamole & Salsa Verde. Served with Salad, Black Beans and Cuban Corn on the Cob

GRILLED FLAT IRON STEAK 14.95

Topped with Mushroom Butter. Served with Salad, Potato and Vegetables

HALF BBQ CHICKEN 12.95

Served with Salad, Potato and Vegetables

VEGGIE AND TOFU PLATE 10.95

Fresh Vegetables and Tofu Sauteed and Served on Brown Rice. Served with Salad, Peanut Sauce and Chili Paste

Burgers

Served with Choice of French Fries, Salad, Potato Salad or Mashed Potatoes

BEEF BURGER 7.75

Add Cheese75

TURKEY BURGER 7.75

Add Cheese75

VEGGIE BURGER 7.75

Add Cheese75

All Burgers Served with Grilled Onions, Spicy Mayo, Lettuce and Tomato





Soda Fountain



Cherry or Vanilla Coke	2.25
Root Beer or Coke Float	4.25
Black and White	4.75
Shakes and Malts	4.75
Chocolate, Strawberry or Vanilla	
Fresh Fruit Shakes	4.95
Hot Fudge Sundae	4.95
Ice Cream or Sherbet	2.95

Beer and Wine

Beer	5.00
Anchor Steam, Amstel Light, Budweiser, Dos Equis, Heineken, New Castle, Sierra Nevada, Buckler (Non-Alcoholic)	
Wine	5.00
Champagne	5.00
Mimosa	6.00

Beverages

Milk Whole/Nonfat	1.75
Soy Milk	2.25
Chocolate Milk	2.25
Soft Drinks	1.95
Coke, Sprite, Diet Coke, Root Beer, Orange	
Lemonade	2.50
Iced Tea	1.95
Hot Tea	2.25
Earl Grey, Mint, English Breakfast, Chamomile, Green Tea	
Bottled Water	1.95 / 3.95
Sparkling Water	1.50 / 3.95

Coffee Drinks

Coffee	1.95
Espresso	2.00 / 2.75
Cappuccino	3.25 / 4.00
Latte	3.25 / 4.00
Mocha	3.50 / 4.25
Hot Cocoa	2.25
Hot Chai	2.75
Hot Chai Latte	3.25
Blended Ice	3.95
Vanilla, Mocha	

Juices

Fresh Squeezed Orange Juice	2.95 / 3.95
Grapefruit Juice	2.75 / 3.75
Apple Juice	2.75 / 3.75
Carrot Juice	2.75 / 3.75
Cranberry Juice	2.25 / 3.00
Tomato Juice	2.25 / 3.00

Desserts

FRUIT CRISP	4.95
WAFFLE BROWNIE SUNDAE	6.95
BANANA SPLIT	6.95
CAKE	4.95
PIE	4.95
HOT FUDGE SUNDAE	4.95



101 Soda Fountain Specialties

EGG CREAM	4.50
GRAPE FREEZE	4.95
50/50 SHAKE	4.95
Made with Orange Sherbet and Vanilla Ice Cream	
COCO FRIO	4.95
Made with Vanilla Ice Cream, Coconut Milk, Coconut and Pineapple Juice	
PURPLE HAZE	4.95
Made with Vanilla Ice Cream, Blueberries, Banana and Honey	
CHAI LATTE SHAKE	4.95
NUT 'N' HONEY SHAKE	4.95
Made with Vanilla Ice Cream, Peanut Butter and Honey	
BLACK EYE SHAKE	4.95
A Black and White with a Shot of Espresso	
FRESH FRUIT SMOOTHIES	4.95
Your Choice of Three Items: Orange Juice, Cranberry Juice, Grapefruit Juice, Apple Juice, Carrot Juice, Strawberries, Blueberries, Peaches, Banana, Pineapple and Mango	

Side Dishes

One Egg	1.95
Bacon, Ham, Sausage or Veggie Sausage	2.95
Beef, Turkey, or Veggie Patty	2.95
Turkey Sausage	2.95
Chicken Breast	4.95
Steak	9.95
Toast	1.95
White, Sourdough, Whole Wheat, Rye, Pumpernickel, English Muffin, Raisin	
Bagel	2.50
Sour Cream	.75
Cream Cheese	.75
Yogurt	2.00
Cottage Cheese	1.25
Extra Cheese	.75
Dressing	.75
Avocado	1.75
Black Beans	2.95
Brown Rice	2.95
Mashed Potatoes	3.95
Potato Salad	2.95
Hash Browns	2.95
Vegetables	3.95
Sauteed Spinach	3.95
Cuban Corn on the Cob	3.25
French Fries	3.95
Sweet Potato French Fries	5.95
Chili Cheese Fries	5.95
Onion Rings	3.95

18% Gratuity will be added to all parties of six or more